

# NEXT STOP NEWS



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'Don't Neglect Your Health' Fair



FEBRUARY 2011

## Ride RT to the 'Don't Neglect Your Health' Fair and Forum

The Observer Media Institute will host the "Don't Neglect Your Health" Fair and Forum, an interactive healthcare event, at the George Sim Community Center located at 6207 Logan Street on Saturday, February 19, 2011, from 10 a.m. to 4 p.m.



The free event will feature workshops, exhibits, employment opportunities, health screenings, testing and consultations. A special emphasis will be placed on fighting diabetes, obesity and Alzheimer's disease in the African-American community.

Don't forget to take RT. Route 81 will deviate from its regular route to serve the George Sim Community Center every 30 minutes. Route 81 conveniently serves both the Florin and University/65<sup>th</sup> Street light rail stations.

For event information, call 916-452-4781 or send an e-mail to [editorial@sacobserver.com](mailto:editorial@sacobserver.com). For route and schedule information, call 916-321-BUSS (2877) or visit [www.sacrt.com](http://www.sacrt.com).

*Next Stop News is produced monthly by the Sacramento Regional Transit District to keep passengers informed about current RT news and community events.*

*E-mail questions or comments about Next Stop News to [nextstopnews@sacrt.com](mailto:nextstopnews@sacrt.com)*

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## TransitAction Awards Open for Nominations

RT TransitAction Awards honoring transit excellence will be awarded during the Sacramento Metro Chamber's 3rd annual State of RT Breakfast on Friday, April 1, 2011, at the Sheraton Grand Sacramento. These annual awards recognize efforts in support of transit and will be presented to selected nominees that have made a significant and positive impact on public transit in the Sacramento region.

Nominations for the TransitAction Awards are being accepted now and can be submitted for the following five categories:

- Business of the Year
- Organization/Agency of the Year
- Transit Oriented Development of the Year
- Elected Official of the Year
- Individual/Transit Advocate of the Year

All nominations must be submitted by Friday, February 25, 2011. For more information about the TransitAction Awards and how to register for the State of RT Breakfast, visit [www.metrochamber.org/stateofrt](http://www.metrochamber.org/stateofrt).

## Rider Alert

### Holiday Schedule

RT will operate on a regular weekday schedule for the following holiday:

Monday, February 21 – Presidents Day

Trips marked with an "H" will operate.



## RT Riders Help the Community

Thank you to everyone who took the opportunity to support River City Food Bank on the Holiday Bus in December and January.

Your generous monetary contributions and non-perishable food items have been collected and delivered to River City Food Bank, which provides nutritionally-balanced food to more than 40,000 clients in Sacramento County annually. In total, RT collected \$1,441.56 – the highest amount in the campaign's history – and several hundred pounds of non-perishable food items and essential personal toiletries. The donations were greatly needed this year as the food bank's facility suffered major damage in an October 2010 fire.

For more information about River City Food Bank's charitable work and efforts to rebuild, visit [www.rivercityfoodbank.org](http://www.rivercityfoodbank.org).

# Congratulations to the 'I Am the Dream and the Dream is Now' 2010 Poetry Contest Winners

## **One woman had the courage to define justice,**

to stand up against and stop injustice,  
with the aide of the transit,  
begins a movement,  
people join to end discrimination  
with a commitment.  
Boycotting the buses in the heat and cold,  
onlookers thought it would get old,  
determined minds set out a civil rights fire,  
which left an uncontrollable blaze for  
future generation to admire.

*Jasmine Prasad • 4th Grade  
H.W. Harkness Elementary School*

## **I will not move from this chair,**

even if you pull my hair.  
Those Whites, were they all the same?  
Apparently because Blacks got no fame.  
Yes, some took care of us.  
But guided us to the back of the bus.  
This time I will not listen.  
Ignoring you, my eyes  
through the window glisten.

*Dachele' Turner • 4th Grade  
St. Hope Charter School*

## **MY ROSA PARKS POEM**

ROSA PARKS PAVED THE WAY FOR US  
SHE PAVED THE WAY FOR YOU AND ME  
IF IT WASN'T FOR HER  
WHERE WOULD WE BE?  
IN THE BACK OF THE BUS OR RT

WE WOULD HAVE TO GIVE UP OUR SEAT  
BUT SHE PAVED THE WAY FOR PEOPLE  
LIKE YOU AND ME  
SO THANK GOODNESS SHE DID THAT  
SHE STOOD UP FOR US  
SO THAT WE COULD BE...FREE!!!!

*Victoria Walls • 6th Grade  
Roberts Family Development Center*

## **BECAUSE SHE SAID NO!!!**

*After the bus driver told her  
to give up her seat  
This brave soul said "NO"  
She was tired of being on her feet  
And to the back of the bus she wouldn't go  
Now, because of her action  
Everything has changed come what may  
She worked hard to get the satisfaction  
Of the Regional Transit Bus system today!*

*Isis Bell • 8th Grade  
Roberts Family Development Center*

## **History**

Rosa Parks the woman  
Who sat in the front of the bus  
The woman that got sent to jail  
Just because she had a long day of work  
And wasn't cut any slack  
Because she refused to go to the back

We now appreciate her today  
For what she did to prove to be confident  
And to do what was right  
Thank you Rosa Parks,  
thank you for the fight!!!!

*Talia Simon • 8th Grade  
Roberts Family Development Center*

## **Rosa is Cool**

A brave woman indeed  
Led all women to believe  
That they can achieve  
In times of desperate need  
Rosa Parks is a hero to me  
The day she took a stand  
Made a way for all woman and men  
To sit freely where they want  
We are here, because of where she has been.

*Jade Watts • 8th Grade  
Roberts Family Development Center*

## **One Voice Turned to Many**

The soft-spoken woman  
who stood up for her right  
Her voice like heroes in times of old  
Unknowingly started a worldwide peace war.  
This was the case to save the civil rights faction  
It was their time to turn  
"thick paper to thick action"  
The trains of people then proudly proclaimed  
"no riders today"  
This boycott of buses,  
like the ones that I've ridden  
It was the spark that ended the division

*Marina Chavez • 11th Grade  
El Camino Fundamental High School*

## **Not Behind The Yellow Line**

Please Stand the Yellow Line.  
Indignant I proclaim:  
Why am I to be held back by these limitations?  
Why am I to be defined by these limitations?  
A noise from the distance.  
When will I be set free from the  
restrictions placed upon me  
by those who do not understand me?  
The train arrives.  
I walk past the yellow line.  
In it I go forward, where those  
limitations cannot touch me.

*Alice Yu • 11th Grade  
John F. Kennedy High School*

## **The further we go on in life,**

we find ourselves at the crossroads  
One road to the left, one road forked to the right  
The choice is hard and our minds won't decide  
So we take the train to the end,  
sleep and stay in the bus seat going back.  
Drive home in our car and  
keep our bikes all in tact  
The more you move forward  
the more you will find  
The destination you are looking for  
is not where you want to go  
It is in your heart as it has always been  
and that you should know  
Your rights are inalienable and  
that is how it will stay  
Forever to stay within your heart,  
to take the bus seat as it may.

*Alexandre Gillen • 12th Grade  
Jesuit High School*